

**HOW CAN WE HAVE VICTORY OVER WORRY?
OVERCOMING INTERNAL THREATS TO GENUINE FAITH IN CHRIST
Philippians 4:4-7**

- I. ***We must continually REJOICE IN THE LORD!*** (4)

- II. ***We must always REST IN THE LORD (TRUST),*** yielding and praying (5-7)
 - A. ***YIELD,*** let your gentle reasonableness be manifest, ***because He is near*** (5)

 - B. ***PRAY ABOUT EVERYTHING RATHER THAN WORRYING ABOUT ANYTHING!*** (6)
 - 1. We are commanded to ***not worry about anything*** (6a)

 - 2. We are commanded to instead ***humbly pray about everything in the context of submissive thankful petition,*** making our requests known to God (6b)

 - C. ***TRUST IN HIM AND BELIEVE HIS PROMISE*** and ***your heart will be guarded with His incomprehensible peace*** (7)

The context in which all this done (*We will look at this next week*)

- III. ***We must continually RENEW OUR MINDS WITH HIS WORD!*** Thinking about the things of Him (8-9)