

VBF Women's Study

Lesson 4 Ephesians 1:7-12 Part 1

As you read through Ephesians and begin this study, ask God to open your heart. As the Psalmist prayed: "Open my eyes, that I may behold Wonderful things from Thy law" (Psalm 119:18).

Assignment: Read through 1:1-14 several times. Attempt to answer the following discussion questions. Enjoy your study!

Questions:

1. REVIEW: In 1:3, Paul praises God for the blessings we believers have in the heavenlies. We have seen these blessings are broken up into three categories. What are they? Hint: look for repeated terms in verses 3-14 that divide the sections.
2. REVIEW: Briefly describe the blessings we have been given in verses 4-6. Who is it that gave them and through what means was it accomplished?
3. Briefly describe the blessings we have been given in verses 7-12.

Word Study Note: The Greek word translated **redemption (apolutosis)** carries the basic meaning "to achieve the transfer of ownership from one to another through payment of a price of an equivalent substitute."

4. Looking at Eph. 1:7-8 and Col. 1:13-14, describe what redemption is equated with.
5. From the following, what are we redeemed from?
 - a. Psalm 130:8 and Hebrews 9:15
 - b. Titus 2:11-14
 - c. 1 Peter 1:16-21
6. Who was our redemption in and through? Explain (See Eph. 1:7, Col. 1:13-14, Rom. 3:21-24, Heb. 9:15, and 1 Cor. 1:30)

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7. From the following, what did our redemption cost?
 - a. Acts 20:28
 - b. 1 Peter 1:16-21
 - c. 1 Corinthians 6:19-20

8. What was redeemed in Psalm 71:23? From Rom. 8:22-23, what will be redeemed?

9. From Eph. 1:7-8a, what was our redemption "according to" and what was "lavished upon us"?

10. How is it that one is forgiven? (See Luke 24:46-47, Acts 2:38, 10:43, 13:32, 26:15-18.

11. What does Romans 4:6-8 say about those whose sins have been forgiven?

12. What should be our first response to the pouring out of God's grace through Christ because of His sacrifice which brought about the forgiveness of sins? How does Paul respond in 1:3?

13. Have you been redeemed? From the following, how else are we to respond to our redemption?
 - a. 1 Peter 1:16-21

 - b. 1 Corinthians 6:19-20