

**HOW CAN WE HAVE VICTORY OVER WORRY?**  
**LETTING HIS PEACE RULE YOUR HEART: Prep. for Col. 3:15**  
**Philippians 4:4-7**

- I. ***We must continually* REJOICE IN THE LORD! (4)**
  
- II. ***We must always* REST IN THE LORD (TRUST), yielding and praying (5-7)**
  - A. **YIELD, let your gentle reasonableness be manifest, because He is near (5)**
  
  - B. **PRAY ABOUT EVERYTHING RATHER THAN WORRYING ABOUT ANYTHING! (6)**
    - 1. We are commanded to **not worry about anything** (6a)
  
    - 2. We are commanded to instead **humbly pray about everything in the context of submissive thankful petition**, making our requests known to God (6b)
  
  - C. **TRUST IN HIM AND BELIEVE HIS PROMISE and your heart will be guarded with His incomprehensible peace (7)**

***The context in which all this done***

- III. ***We must continually* RENEW OUR MINDS WITH HIS WORD! Thinking about the things of Him (8-9)**